

# Winter Activities Teachers' Guide Feed the Birds





## Curriculum links/skills

**Biodiversity** 

Lifecycles

Observation

Classification

Care for Wildlife

Can be adapted for different ages

Link to video lesson: https://youtu.be/x60SH6RGTq8

#### Resources needed

Area where there are trees or bushes, a woodland or hedgerow
Bird ID/Spotter sheets if wish
Lard, selection of seeds/bread crumbs/dried fruit/cooked rice/grated
cheese/porridge oats etc, a mixing bowl, containers eg clean yogurt pot, large cone,
old mug and a short stick, string or twine

## **Activity Description**

In an area where there are trees or bushes, children stand very still with eyes closed for a few minutes and listen for bird sounds. Record by putting up a finger/thumb on their fist for each sound heard. With eyes open try to spot the birds making the sounds then search for evidence of bird activity eg poo on or under branches, old nests, feathers lost, holes in standing dead wood. Make bird feeders from a bird pudding mixture made by working lard into a mixture of ingredients with hands - approx 1/3 lard to dry ingredients. Press tightly into container, insert twig as perch or means to hang with string attached. Chill to firm up the lard. Hang from branches or bird table and observe/identify the birds that visit with help of ID chart.

## Safety considerations

- Set boundaries if allowing free search
- · Avoid touching faces after touching feathers and wash hands thoroughly
- Discourage putting bird food in mouths



















